



PART OF THE

WORLD ATHLETICS™  
Continental  
Tour Gold

# Timetable FBK2026

Sunday, 21 June 2026

(version: 0.7 - DRAFT - June 19th, 2026)

Start	Event	Category	Round
	<b>Preprogram</b>		
12:00	Kidsrun 600m	Kids	heats
12:35	100m	Womens nationals	final
12:40	100m	Womens nationals	final
12:45	100m	Men nationals	final
12:50	100m	Men nationals	final
12:55	100m	Men nationals	final
13:04	100m Hurdles	Women nationals	final
13:12	400m	Men nationals	final
13:20	400m	Women nationals	final
13:26	800m	Men nationals	final
13:33	800m	Women nationals	final
13:40	1.500m	Men nationals	final
13:51	4 x 100mR		final
	<b>Main Program</b>		
14:08	Opening Ceremony		
14:21	Kidsrun 600m	Kids	final
14:26	ceremony	Kidsrun 600m - Kids	
14:30	Discus Throw	Men	final
14:34	High Jump	Women	final
14:37	100m Hurdles	Women	final
14:42	Pole Vault	Men	final
14:47	110m Hurdles	Men	final
14:55	200m	Men Para Athletes	final
15:01	Long Jump	Women + Para Athletes	final
15:06	5.000m	Men	final
15:30	400m	Women	final
15:39	1.500m	Men	final
15:49	Shot Put	Women + Para Athletes	final
15:57	100m	Women	final
16:07	400m	Men	final
16:17	800m	Women	final
16:33	100m	Women Para Athletes	final
16:41	100m	Men	final
16:52	800m	Men	final