

Timetable FBK2026

Sunday, 21 June 2026

(version: 0.5 - DRAFT - May 29th, 2026)

Start	Event	Category	Round
	Preprogram		
12:00	Kidsrun 600m	Kids	heats
12:35	100m	Womens nationals	final
12:40	100m	Men nationals	final
12:45	100m	Men nationals	final
12:50	100m	Men nationals	final
13:02	100m Hurdles	Women nationals	final
13:11	400m	Men nationals	final
13:19	400m	Women nationals	final
13:25	800m	Men nationals	final
13:32	800m	Women nationals	final
13:39	1.500m	Men nationals	final
13:51	4 x 100mR	Men nationals	final
13:59	4 x 100mR	Mixed	final
	Main Program		
14:10	ceremony	Opening -	
14:21	Kidsrun 600m	Kids	final
14:25	ceremony	Kidsrun 600m - Kids	
14:30	Discus Throw	Men	final
14:34	High Jump	Women	final
14:37	100m Hurdles	Women	final
14:42	Pole Vault	Men	final
14:47	110m Hurdles	Men	final
14:55	200m	Para Athletes	final
15:01	Long Jump	Women + Para Athletes	final
15:06	400m	Women	final
15:14	5.000m	Men	final
15:32	Shot Put	Women + Para Athletes	final
15:44	1.500m	Men	final
15:57	100m	Women	final
16:07	400m	Men	final
16:17	800m	Women	final
16:33	100m	Para Athletes	final
16:41	100m	Men	final
16:52	800m	Men	final